

WHAT WE DO



Inspiring health, wellness, and better learning.

Virtual Programming



Live virtual nutrition lessons and food demonstrations



Pre-recorded videos and interactive student activities



Movement break videos and resources



Recipe videos and more!

CHECK OUT OUR SITE TO SEE OUR RESOURCES:

[HTTPS://SITES.GOOGLE.COM/VIEW/NUTRED4PHILLY](https://sites.google.com/view/nutred4philly)



@EatRightPhilly_DRX



@EatRightPhl_DRX



Channel name:
EatRightPhilly_DRX



MEET MELISSA

Melissa enjoys influencing healthy eating habits and is excited to continue encouraging her students to gain confidence in cooking and tasting new recipes.

CONTACT MELISSA

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Channel name:
EatRightPhilly_DRX

Melissa Matsumura

PROGRAM MANAGER

DREXEL UNIVERSITY EAT RIGHT PHILLY

Our goal: Encourage participants to make healthy food choices and choose a physically active lifestyle through education.

PROGRAM OPPORTUNITIES INCLUDE:



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